

7:30 am to 8:15 am

BUSD Wellness Dept. office 415 N Parish Place Burbank, CA (Room 8101 @ JBHS)

Attendees: Debbie W, Johanna C., Robyn H., Miriam W., Sally C. Tom K., Vic G.,

TOPICS

NOTES

- Welcome
- BUSD Wellness Dept. Update on:
 - 1. Staff Trainings
 - Community, Parent, Student Education Events
 - 3. Positive Behavior Interventions and Supports (PBIS)
 - 4. School Climate Survey
 - Second Annual Wellness Symposium February 6, 2019 from 6:30 pm to 8:30 pm
 - 6. School Safety Plans
- Goals for 2019-2020

Due to holiday breaks the dates for the next meetings have been updated to:

February 4 2019

March 11, 2019

April 15, 2019

Meetings are 7:30 am to 8:15 am at the BUSD Wellness Dept. office at

Johanna shared a powerpoint updating the committee on Wellness Programs and Services Department activities. The powerpoint is attached to this Email, on our shared Google Drive, and uploaded to our district webpages.

- Mandatory Staff Trainings include: Suicide Prevention Awareness, Mandatory Child Abuse Reporting,
 Active Threat Training (delivered by Burbank PD), and Bullying Prevention and Reporting Awarness. The
 bullying training is delivered in both face-to-face and online formats to accommodate all staff and their
 work schedules. The bullying training is based upon the federal https://www.stopbullying.gov/
 resources and adapted to BUSD to include our internal reporting protocols and policies.
- 2. Optional Staff Trainings: A Disaster Response Training was offered to staff on a Saturday in the fall with 20 staff attending. In 2017, many elementary staff went through the training. The district is looking at ways to offer trainings that coincide with pupil-free days and provide information outside formal trainings. The BUSD Wellness Dept. also offers First Aid/CPR training for staff; many of whom have received the training as part of their job description.
 - An update on the community, parent, student wellness events was presented along with available data. When surveyed 100% of attendees indicated they wanted more of these events. Events are promoted via BUSD News, flyers at all district and school buildings, on school webpages, via E-mail to various committee members, and posted in businesses around the city. Robyn H. suggested adding notices to school apps and Vic G. suggested including flyers in utility bills, however since many people now have paperless bills this may no longer be a cost reasonable option.
- 3. An overview of Positive Behavior Interventions and Supports (PBIS) was provided. All K-12 schools are training school staff for schoolwide implementation of PBIS. PBIS is a multi-tiered system of support where schools pull together all interventions and supports under one umbrella. Through consensus, school teams use data to determine the school's agreed upon statement of purpose and expected behaviors on campus. From here, school teams train all school staff on the agreed upon schoolwide behavior expectations. Adults model and teach expected behaviors with opportunities for additional support when students struggle with meeting schoolwide behavior expectations. Johanna is meeting with groups of technology, food service, after school, curriculum specialists, extracurricular support staff, and facilities staff so they too understand, model, and recognize PBIS expected behaviors at our

JBHS. Navigate to 415 N Parish Place Burbank. The office is the bungalows on Parish Place alongside the JBHS staff parking lot.

Contact Debbie Wade at debrawade@burbankusd.org to request childcare or translators.

Here is the linkto view the feed of this meeting:

school campuses. Johanna shared that PBIS coaches and administrators are receiving a preview of a free online behavior education program called: Everfi. Everfi was first introduced into the district in 2017 but Everfi has added new lessons since then. Lessons are digitally-based, collect and analyze data, and address a variety of PBIS behavior expectations including; bullying/cyberbullying, confict resolution, responsible decision making, resiliency/coping skills, and healthy emotional expression. There are also mental health and substance abuse awareness modules. Schools are previewing them now.

- 4. The School Climate Survey results were presented to the Board of Education in December. The analysis is posted on our <u>Wellness and Programs Services webpages</u>.
- 5. The Second Annual Wellness Symposium will be February 6, 2019 from 6:30 pm to 8:30 pm at Burbank HS. Topics include Social Media Savvy from the Institute for Girls Development, Change the Talk about Intimate Partner Violence, sessions on resiliency skills, and mindfulness through physical activity. Community health partners will have tables showcasing their resources.
- 6. Schools are updating their school safety plans with plans going to the Board of Education for approval on February 21, 2019. Sally support our schools on updating their plans this year and shared that schools relied upon their assessments, input from BPD and worked with their school safety or school site councils to update their School Safety Plans. Vic asked about facility safety. Sally will provide an update at the February meeting.

Goals for 2019-2010

- Continue to message the work of the BUSD Wellness Dept.
- Continue to engage students, families, staff and community as partners